



Children's Class Registration

Please print clearly

Office Use Only	
Receipt #	
Date	
Amount	
Page 2	

Child's Name _____ Date of Birth _____ Age _____ Sex M ___ F ___

Address _____ City _____ State _____ Zip _____

Parent/Guardian 1 _____ E-Mail (required): _____

Phone # Home _____ Work _____ Cell _____

Parent/Guardian 2 _____ E-Mail _____

Phone # Home _____ Work _____ Cell _____

Caregiver's Name _____ Caregiver's Phone # _____

Child's School (if applicable) _____ Phone # _____

With registration, one parent will be designated "Friend of Sokol New York. Please indicate which parent will be our "Friend": ___ Parent/Guardian 1 ___ Parent/Guardian 2

Class #	Day of the Week	Time	Class Fee \$
Sokol classes are subject to cancellation based on enrollment and instructor availability. Children must meet the stated age criteria for the class by September 30, 2019.			Total \$:

.Office Use Only
M I P R O M/I S MC

Has any member of your family ever been a member of a Sokol Organization? Yes ___ No ___

How did you hear about the Sokol Program?

Are you of Czech / Slovak heritage? Yes ___ No ___ Are you interested in volunteering at Sokol? Yes ___ No ___

Sokol New York **only** accepts responsibility for your child during his/her class when under supervision of class instructor. Arrive is to be no more than 15 minutes prior to the start of class waiting area is provided.

I have read and agree to the Sokol New York Class Rules and Policies (see page 3 and 4). I understand that refunds are granted only from the registration date up to the first three weeks of any class (counted 21 days from student's first day in the class) with written notification to the office.

Parent / Legal Guardian _____ Signature _____ Date _____
(print name)

Please fill out, print, sign and return pages 1 and 2 to Sokol New York with your payment.

Child's Emergency Contact Information**Please print clearly**

Office Use Only	
Class	
Age	

Child's Name _____ Date of Birth _____ Age _____ Sex M ___ F ___

Address _____ City _____ State _____ Zip _____

Parent/Guardian's name _____ Phone # _____

Parent/Guardian's name _____ Phone # _____

E-Mail (*required*) _____

Other Emergency Contact

Name _____ Relationship _____ Phone # _____

Special Instructions (Medical, etc.) _____

Allergies (if any) _____ Disabilities _____ Medications _____

Child's Medical Insurance _____ Policy # _____

Waiver of Liability / Authorization for Medical Care and Treatment / Photo Release

I hereby Consent to my child participating in the program offered by Sokol New York. I recognize that potentially severe injuries, including strains, sprains, broken bones, permanent paralysis or death can occur in any activity involving height and motion, including gymnastics, rhythmic gymnastics, dance, tae kwon do, basketball, volleyball and other sporting activities. I understand and accept that risk. I also realize that my child will be performing and training for events in his/her discipline on various training devices. I further understand that while the payment of tuition fees constitutes a part of the consideration due to Sokol New York, an additional and important consideration due to Sokol New York is this signed release form.

I hereby consent to and authorize the giving of all treatments, medications and procedures which are ordered by a Physician and approved by a member of Sokol New York Board of Instructors for the diagnosis, medical care and treatment of my child named above for any condition which requires medical attention while actively participating in my Sokol activity.

As the parent or legal guardian of the aforementioned person, I hereby agree to personally provide for the possible future medical expenses which may be incurred by my child as a result of any injury sustained while training at, for or under the direction of Sokol New York. This acknowledgement of risk and waiver of liability, having been read thoroughly and understood completely, is signed voluntarily as to its content and intent.

I hereby grant to Sokol New York and/or its legal representatives and assigns, the unrestricted right to use and publish the likeness, portraits, photographs, films or videos of my child, or in which she/he may be included, for editorial, trade, advertising and any other purpose and in any manner and medium, and to copyright same. I hereby release Sokol New York and its legal representatives and assigns from all claims, royalties, and liability relating to the use of said likeness, portraits, photographs or films/videos.

Any action connected with, arising from, or relating to this Agreement will be filed only in a federal or state court located in New York, New York, and the parties irrevocably consent and submit to the personal jurisdiction of such courts, and waive any improper venue or forum non conveniens defenses. This Agreement will be governed by and construed in accordance with the laws of the State of New York, without regard for its conflict of law principles.

Any controversies or disputes arising out of or relating to this Agreement shall be resolved by binding arbitration in accordance with the commercial rules of the American Arbitration Association. The parties shall select a mutually acceptable arbitrator who is an attorney knowledgeable about issues relating to the subject matter of this Agreement. The arbitration shall take place in New York, New York. The arbitrator shall not have the authority to modify any provision of this Agreement or to award punitive damages. Each party shall bear its own costs, including but not limited to attorneys' fees.

I have read and agree to the terms above.

Parent / Legal Guardian _____ Signature _____ Date _____
(print name)

Please fill out, print, sign and return pages 1 and 2 to Sokol New York with your payment.



New York

Children's Class Rules and Policies

2019-2020

These rules pertain to your safety and the safety of your child.
Read the information below, share it with your caregiver and your child.

Program Rules

- Child should arrive on time, no sooner than 15 minutes prior to the start of class. Children are to be in the waiting room with their caregiver/parent until their instructor comes to get them for class. Please return books and crayons after use.
- Child will not be admitted to class 15 minutes after the scheduled start time.
- Do not enter the gyms, dojo, studio or equipment area unless supervised by a Sokol instructor.
- No food allowed in gyms, dojo or studio areas.
- Absolutely no gum chewing is permitted.
- No cell phone usage during class time.
- Children are only permitted on the gym, dojo or studio floor during the class(es) for which they are registered.
- All children must be supervised. Siblings waiting with parents/caregivers must stay with them at all times. There is no free play in the building.
- Pets are not permitted on premises.
- Parents/caregivers are not permitted on the gym floor or door areas during class. Class can be viewed from designated areas.
- Spotting and engaging with your child are priorities. Please refrain from taking pictures and videos during class time.

Courtesy

Verbal courtesy is expected from each of us, as is respect for the gyms, dojo and studio environments, including the apparatus and the equipment used. Proper care for the facility is strictly enforced. Lobby area must be kept clear and clear passage to the exit doors must be maintained at all times.

We have a **NO bully** tolerance policy. Any physical alteration will be grounds for permanent removal from Sokol programs.

Apparel

- All classes: Do not bring or wear jewelry to class (safety rule). Hair must be pulled or pinned back.
- Baby, Tots: Red or blue stretchy shorts or leggings, Sokol T-shirt, bare feet. No jeans, no glitter.
- Pre-K&K: Red or blue stretchy shorts or leggings, Sokol T-shirt, bare feet, no glitter.
- Girls Gymnastics: Sokol leotard.
- Boys Gymnastics: Sokol shorts, Sokol T-shirt.
- Tae Kwon Do: Uniform/belt, bare feet.
- Dance: At the discretion of instructor.

Changing Rooms and Restrooms

Lower level

- Baby, Tots, Pre-K & K cubby room
- Male locker room (through the Tot cubby room)
- Men's and Women's restrooms

Main floor

- Unisex restroom is located in the bar area

Second floor

- Female locker room
- Women's restroom

All belongings should be in the cubbies and/or locker rooms, not in the gym areas or lobbies. Please make sure you have all belongings before you leave. You can utilize your own lock during your class, but any locks remaining at close of each day will be cut. Sokol New York does not provide overnight storage facilities. Please do not bring any valuables to class. Sokol New York is not responsible for any valuables lost or stolen.

No-Smoking Policy

Sokol Hall is a smoke free facility.

Class Schedule

Sokol New York reserves the right to alter class schedules when necessary. Every attempt will be made to notify you in advance. Sokol classes are subject to cancellation based on enrollment and instructor availability. A minimum of 4 students is required for a class to continue.

Class Change

All changes must be made through the Sokol office with approval by the instructor and written notification to the office. A \$35 fee will be charged for any class change any time.

Payment/Refund Policy

- Mail or drop off your class registration forms with payment by check, money order or pay by credit card at Sokol office.
- Make checks payable to Sokol New York.
- Fee of \$35 for all returned checks or invalid credit card transactions will be charged.
- Refunds, minus a \$75 fee, will be granted up to the first three weeks of any class (counted 21 days from the student's registered start date in the class). Requests must be a written notification to the Sokol office. No refunds will be given after the 21 day period.
- No refunds for Open Gym session.

Inclement Weather

Sokol New York will be closed when public schools are closed due to poor weather unless otherwise noted. Please verify closing info on our website and your email.

Parents/Guardian/Caregiver

Instruct your child to wait for pick up from class. Make sure your child knows who will be picking him/her up. If pick-up person is late, your child should notify the instructor. If someone other than a parent or caregiver is picking up your child, the instructor must receive written notification. If your child travels to and from Sokol alone, please submit a signed note to that effect for the instructor.

Illness

For the health and wellness of all our participants, please do not attend class when ill or experiencing symptoms of fever, diarrhea, nasal mucus or excessive coughing. Participants must be symptom free for at least 24 hours before returning to class. The instructors has the authority to ask those exhibiting symptoms of illness to leave the class.

Additional Baby, Tot, Pre-K &K Rules

Must Be Registered

Only children registered for class are permitted on the gym floor (exception sibling in a snuggly).

Entering the Building

Please use Waiting Area for parking your stroller and waiting before your class.

Baby and Tot Classes

Children are not allowed in the gym unless accompanied by parent or caregiver during class. Parent/caregiver must be within arm's length of child at all times (spotting).

Main Gym/Equipment Area

For the safety of everyone no one is allowed on the main gym floor or equipment room (even when the gym is not in use). There are no exceptions and we ask that those accompany children aid us in enforcing this safety rule. We cannot emphasize enough the importance of keeping your children off apparatus unless properly supervised by a Sokol instructor.

Diapers

To maintain sanitary conditions, do not dispose of diapers at Sokol. Put wet or soiled diaper in a plastic bag and take it out of the building with you.

Cell Phones

Cell phones must be turned off while accompanying child in the gym. Step out of the gym class if you must talk or text during the class time.

Make-Up Classes

Due to the structure of our program, we are unable to offer make-up classes.

Thank you for your cooperation!

Sokol New York Board of Instructors